



# YOU CAN HELP MAKE A DIFFERENCE FOR BC HEALTHCARE WORKERS

A research study at UBC is looking at what factors affect a healthcare worker's return to work after experiencing work-related pain, discomfort, injury, or exposure.

This study is entitled *Assessment of Pain, Psychosocial Variables, Cognitive Variables, and Work Outcomes in Healthcare Workers Registered in PEARS Programs - A Longitudinal Study*

Principal Investigator: Dr Marc Corbière, Adjunct Professor, UBC

Co-Principal Investigator: Dave Keen, Director, Workplace Health, Fraser Health

## WHO can participate?

Any BC healthcare worker who is registered in a PEARS program (Prevention and Early Active Return to Work Safely) offered through Fraser Health OR Vancouver Island Health Authority.

## HOW?

Two ways to participate:

- phone interview
- online survey

## WHAT is involved?

Three interviews or online surveys in which you will answer questions about pain, depression, and other factors that might affect return to work.

## How LONG will it take?

A total of about 1 to 1 ½ hours of your off-work time over about an eight month period.

## How will I BENEFIT?

You will help improve PEARS services and make healthcare better for yourself and others by contributing to knowledge on how pain, depression, sleep patterns, and other factors can affect a healthcare worker's ability to get back to work quickly and safely.

## How do I get STARTED?

Sign the Release of Information Form giving the researchers permission to contact you, then sign the Consent Form to show you have agreed to participate.

Alternatively:

- call **Marilyn Barz** at **604-822-9499**
- email us at **mjbarz@interchange.ubc.ca**
- contact your **PEARS** program

*Thanks for your interest.*



In collaboration with:



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