

Classification Level P1 – Working Professional

Professional Grouping:
EXPRESSIVE THERAPYProfessions:: *Art Therapist, Music Therapist***NATURE OF WORK:**

Jobs matched to this profile provide expressive/creative arts therapy within professional scope of practice and established policies, procedures and standards in a variety of healthcare environments (e.g. acute care, long term care, home and community health services, primary health care, etc.) and in individual and/or group settings. These jobs utilize technical and scientific knowledge and proficiency gained through required post-secondary qualifications for the referenced professions. This includes additional specific certifications required to perform the full scope of the job as described by the job description, and within professional scope of practice as determined by the relevant college, accrediting body, or professional association.

Illustrative Responsibilities:**Consistent with professional scope of practice performs some or all of the following:**

- Exercises independent judgment in decision making related to the provision of expressive/creative arts therapy.
- Performs work in accordance with established standards of practice, Employer policies, and work-related processes, procedures and guidelines, including patient safety and quality protocols.
- Conducts assessments, interviews/gathers information from patient/client/resident/family and/or other team members, reviews patient/client/resident health record including test and assessment results to determine, develops, and implements expressive therapy plans and/or coordinates services for clients; evaluates and prioritizes interventions including diagnostic and other testing procedures to support diagnosis, treatment and/or care delivery. Considers patient/client/resident family goals and preferences.
- Provides expressive therapy or support in individual or group settings; implements support groups and workshops; facilitates one-on-one and group programs and/or workshops to assist clients with fostering self-expression, enhancing coping skills, managing stress, and strengthening a sense of self.
- Supports patient/client/resident in the development of social, emotional, intellectual, and physical development and/or rehabilitation using a variety of therapeutic modalities, techniques, and methods.
- Monitors patient/client/resident progress, evaluates outcomes/goals and reassesses and/or modifies care/treatment plan as required and/or refers to other resources in health/community resources/government.
- Identifies patient/client/resident/family learning needs and provides related instruction, guidance and/or education materials and/or facilitates training and education opportunities. Collaborates with multi-disciplinary care teams, practice leaders, patient/client/resident, family and other stakeholders in the provision of care across the continuum; provides clinical work direction to designated care providers and volunteers; and coordinates administrative tasks related to the provision of care.
- Participates in employer programs and initiatives such as clinical rounds, discharge planning, research activities, quality improvement, team conferences, meetings, and the development of new policies, procedures and standards for care/program delivery. Contributes to discussions; reports back on decisions, outcomes, and recommendations.
- Utilizes, maintains, and participates in the evaluation of work-related systems, tools, supplies, and equipment in the provision of care/treatment. Gathers, enters, reviews, and maintains patient/client/resident information in health systems. Compiles/prepares reports.
- Provides orientation, guidance, and collegial information or demonstration of equipment or work methods and processes to others including peers, new staff, and students. Provides instruction and/or supervision to students; evaluates and provides feedback on student progress. Provides work direction to support staff.

Additional Profession Specific Details:*Art Therapist:*

- Work primarily involves the prescribed use of visual arts materials and media in therapeutic intervention, and rehabilitation to effect positive changes in the psychological, physical, cognitive, or social functioning of individuals with health or educational problems.
- Encourages and assists clients/families to express intense emotion and explore thoughts in a non-verbal way, using a wide range of art materials to promote, maintain and restore clients' physical, psycho-social, cognitive, emotional and spiritual health.

Music Therapist:

- Work primarily involves the prescribed use of music in therapeutic intervention and rehabilitation to effect positive changes in the psychological, physical, cognitive, or social functioning of individuals with health or educational problems.
- Encourages and assists clients/families to sing, play instruments, improvise, compose, listen, move rhythmically, reminisce, relax and review life to promote, maintain and restore clients' physical, psycho-social, cognitive, emotional and spiritual health.