



BULLETIN

## Help fight breast cancer: Support the Run for the Cure

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This year's annual CIBC Run for the Cure, isn't until October 2, 2005, but it's already time to start forming teams and fundraising for the cause.

While official runs are only held in seven communities across the province, HSA members are encouraged to support the Canadian Breast Cancer Foundations most important fundraiser wherever they live. Members can go on-line to [www.cbcbf.org](http://www.cbcbf.org) to support teams fundraising efforts, or hold fundraising events with proceeds to any one of the several HSA teams that participate in the run.

HSA has been a provincial sponsor of the Run for the Cure since 1998, and in that time the union has donated \$650,000 to the fight against breast cancer through participation of members in the run, as well as through an annual donation of \$25,000.

HSA is seeking members who will act as Team Captains, and help recruit team members, as well as to get a head start on fundraising, and helping increase the money raised by teams for research into breast cancer.

With the summer months ahead of us, there are all kinds of opportunities for fundraising, including challenging other departments in your workplace to see who can raise the most; asking your employer to match team donations; holding a team garage sale or bake sale, or a softball or bowling tournament.

For information on the 2005 CIBC Run for the Cure, check this web site regularly for updates.

For information about becoming a team captain or to find out how you can support the Run, contact Miriam Sobrino at the HSA office at [miriam@hsabc.org](mailto:miriam@hsabc.org).

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