



CMHA and Ministry of Mental Health and Addictions team up to offer Workplace CARE certificate program; registration for self-paced foundations course closes November 21

November 18, 2021

Do you work in the community social services sector? Are you looking for opportunities for training in mental health and addictions issues?

The Canadian Mental Health Association and BC Ministry of Mental Health and Addictions have teamed up to offer the free Workplace CARE certificate program. The program is free, and consists of two self-paced virtual courses which can be completed in any order. You'll be able to check in with a learning coach when you have questions.

Mental Health 101 provides foundational information on some of the most common mental health challenges and addresses mental wellness in the workplace.

Understanding Addiction aims to equip non-specialist workers and volunteers with the knowledge, skills, and attitudes to confidently help people who face challenges with substance use and addiction.

Register by November 21 to get started right away.

This program is free and voluntary. HSA does not offer wage replacement to members to take the program. It is a self-paced program, and estimated to take 10-15 hours.

For information, and to register by November 21, visit BC's Hub for Workplace Mental Health here:

<https://www.workmentalhealthbc.ca/resource/article/workplace-care-certification-community-social-services>

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