



BULLETIN

Regions 1 and 2 - Psychological Health and Safety in the Workplace Workshop - Victoria February 13, 2018

October 31, 2017

REGIONS 1 and 2
HSA Welcomes you to Register for a Workshop on
Psychological Health and Safety in the Workplace

DATE: Tuesday, February 13, 2018

TIME: 8:30 am - 5:00 pm

PLACE: The Coast Victoria Hotel and Marina - 146 Kingston Street, Victoria, BC

Registration closes on January 29, 2018 or earlier if it reaches class maximum.

Please join us for this upcoming workshop in Victoria. This workshop is open to all HSA Stewards in Regions 1 and 2.

AGENDA

8:30 am - 12 pm

Psychological Health and Safety

Many workplaces where HSA members work are required to implement the CSA Standard on Psychosocially Healthy and Safe Workplaces. Others will do so willingly or because their workplaces have become risks to the mental health of the workers. Participants will become familiar with the Standard and will learn how HSA members will participate in implementation.

1:00 pm to 5:00 pm

safeTALK

safeTALK is a half day workshop teaching participants to be alert to the signs of suicide and to connect people with the help they need. Most people with thoughts of suicide don't truly want to die, but are struggling with situations that seem overwhelming and they cannot seem an end to the pain. Their actions and words may be asking for help. At the end of this workshop, participants will be familiar with the signs and know how to connect people with resources to help.

Please go to [My Events Registration](#) to sign up today! There is a 25 class participant maximum, so it is advised to sign up early to save your spot! Breakfast items and Lunch will be provided.

We hope to see you there!

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