

HSA 2015 Pre-Convention Workshops

Choose one of these day long workshops on Wednesday April 29th. *In addition, all workshop participants will attend a Guarding Minds at Work workshop on the morning of Thursday, April 30th.*

Wednesday, April 29th – Choose one workshop

1. Building Leadership through Diversity – Level I

An introduction to the issues related to diversity, and helping end discrimination based on race, gender, ethnic background, disability, or sexual orientation. This workshop, led by an industry specialist in equity, diversity, and human rights work will help move participants from recognition and understanding to practical action - in your workplace, and in your community.

OR

2. Issues to Action (two-part workshop)

9-10:30 – **Be More Than a Bystander** is a groundbreaking partnership between the BC Lions and End Violence Association BC that sees sports icons from the BC Lions using their status and public profile to create awareness and urge everyone to “Break the Silence on Violence Against Women”. The BC Federation of Labour and HSA have joined as partners with EVA BC on this campaign.

In light of the huge positive response Be More Than a Bystander is receiving, it is clear that the idea of engaging men and boys as allies to prevent violence against women and girls is an idea whose time has come.

HSA offers this workshop in order to encourage members to join their brothers and sisters in ending violence.

10:45-4:30 – **Inspiring Members to Action**

All unions face the challenge of member apathy. HSA activists are challenged to engage members in the important work that unions undoubtedly do. The connection between the worker and their local steward team is key to all of the work that unions ever do. This part of the workshop will explore this relationship, and ideas on how to strengthen it in order to inspire member action.

And

Thursday, April 30th – All Participants

All workshop participants will attend a Guarding Minds at Work plenary on Thursday morning. In recent months the union has used the Guarding Minds@Work survey tool to gather information about the state of psychological health and safety in HSA workplaces. This two hour pre-convention session will be your opportunity to review a detailed report of that survey and to participate in a discussion about the steps required to improve psychological health and safety at work.